SKI MASK - HELMET LINER

Size:

Ski mask fits most adults as it is stretchable and in rib format.

Materials Needed:

- 5.0 mm DPN for the Cap
- DPN needles 4.0 mm [used for Neck and Face Ribbing]
- 4.2mm G crochet hook [used for Cast On]
- Tapestry needle
- Ruler
- Yarn
- Worsted Weight yarn [Category 4] [Can use other 3 colors of choice]
  - o Black solid color [Face color only]
  - o Medium Blue solid = color 1
  - o Dark Blue/Purple solid = color 2

Abbrev:

- K = knit
- P = purl
- BK = back knit [back loop of all stitches]
- Inc = increase
- Dec = decrease
- Con = cast on
- Coff = cast off

- K2tog = knit 2 loops together so there is one stitch

Instructions:

NECK: [use 4.0 mm DPN]

Con 84 using the crochet method in initial color. [Put 28 sts on each of 3 DPN needles. 3x28=84]

Skip Color Join Row for initial first row only.

Color Join Row: BK in all loops around in color change color. [Do so not tightly.] [If not changing colors, do a [K2, P2] around for ribbing effect.]

Row 1: [K2,P2] in all loops without twisting cast on loops.

Row 2: [K2,P2] in pattern around.

Row 3-6: repeat row 2.

PATTERN = Color Join Row and Rows 1-6. Change color at beginning of Color Join Row. Choosing from Color 1 or Color 2.
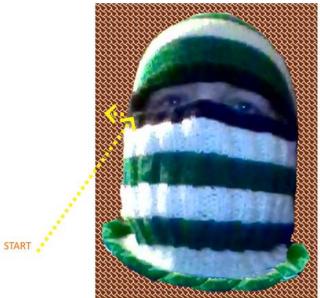
Continue Pattern until 6" is completed. End at completion of Row 6. [Neck length gives shoulder overlap so if you want the neck to end at a shorter length do 5" or 4" here.]

FACE OPENING AREA:

- **Put 38 loops on stitch holder for later use. [Start with 2 knit and end with 2 knit loops.]**
- **[Now have 46 stitches on 3 DPN.] Cut Yarn. Secure Ends**

ADDING ON NEW COLOR FOR CAP: [If you are not changing colors, do a regular knit stitch instead.]

- In new color, BK on remaining loops on DPI needles [If not changing colors, do a regular knit stitch.], Con 38 using Crochet Method.

START

Start new color here for Cap using 4.5 mm DPN needles
BK for 46 stitches
Knit Cast On one stitch to get a loop, put loop on crochet hook
using 4.2 mm Crochet hook , Crochet ,Cast On 37 stitches to DPI hook
Secure ends to keep loop at tension on needles.

- [Now have 84 stitches on 3 DPN.]

CAP

1. In new color, BK on remaining loops on DPI needles [84-38= 46 remaining on DPN needles]. [If you are not changing colors, do a regular knit stitch instead.]

2. Cast on 38 additional stitches using Crochet Method, place marker to mark beginning of round, join in round,
3. If not changing colors, knit even for 4". ("Knit even" means to knit every stitch). [84 sts] [If changing colors, do change color row and 6 rows of knit in one color. Change to new color using change color row, and 6 rows of knit in that color. Repeat until 4".]

CAP DECREASE AREA [top of cap] starting with 84 stitches on DPNs

- Change color using Change Color Row [28 loops on each of 3 DPN needles]
- Row 1: Do 2 decreases of k2tog each 28 stitches [There are 26 stitches on each DPN. 78 stitches in row.]
- Row 2: Knit evenly around row. [78 loops in row]
- Row 3: Do 4 decreases of k2tog each 26 stitches [There are now 22 stitches on each DPN.]
- Row 4: Work k in k evenly around row. [66 loops in row]
- Row 5: [k2tog, k2] around row with last stitch is k2tog . [49 loops in row]
- Row 6: Knit evenly around row. [49 loops in row]

- **CAP DECREASE AREA [top of cap]**
- Change color using Color Change Row.   [49 loops in row]
- Row 1: [k2tog, K1] around. [33 loops in row]
- Row 2: k evenly around. [33 loops in row]
- Row 3: k2tog around ending with a knit in last loop..
- Row 4: k evenly around.
- Row 5: k2tog around until there is 8 stitches left on needles.
- Cut yarn leaving a long 6" tail. **Thread tail into tapestry needle.** Weave yarn tail through all 8 loops removing the loops from the DPNs. **Tighten yarn tail loops tightly.** Secure tail end. Pull tail end to wrong side.

HIDE ALL ENDS.

FACE AREA TRIM [Black or other color of choice] [use 4.0 mm DPN]

- Row 1: Put 38 loops on stitch holder on to DPN needles. Pick 42 loops from Con edge of face. [Do so using front loops of Con edge. [80 loops on hooks] --   Remember that pattern is K2, P2 around, even in the corners of face.
  Note: 26 sts needle 1, 26 sts needle 2, 28sts needle 3 = 80sts]
- Row 2: This is the "Color Join Row" so BK in all loops around in color change color. [Do so not tightly or loosely.] [80 sts]
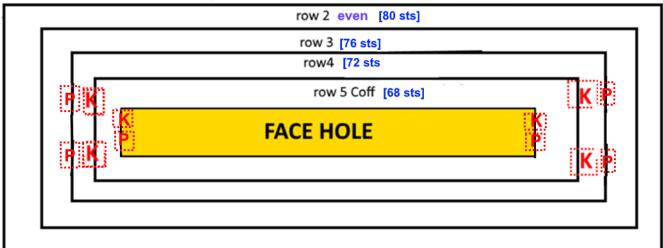

- Row 3: K2,P2 around with decreases at corners of face area. [4 dec -- see below diagram] [76 sts]
- Row 4: K2,P2 around with decreases at corners of face area. [4 dec -- see below diagram] [72sts]
- Row 5: Coff **in Pattern** with 2 decreases at both corners of face area.   Secure tail and Hide ends.
  [4 dec -- see below diagram] [68 sts]

DIAGRAMS SECTION

1. Knit first two loops [assuming that first two are knit stitches in the first place]. Pull the loop of the first knit loop over the top of the second knit loop removing the first knit loop from the needle.
2. Purl next loop [assuming that next stitch is a purl stitch]. Pull the previous loop over the purl loop removing the previous loop from the needle.
3. Purl the next loop [assuming that the next stitch is a purl stitch]. Pull the previous loop over the top of this loop removing previous loop from the needle.
4. Knit next loop [assuming it is a knit stitch]. Pull the previous loop over the purl loop removing the previous loop from the needls
Note: Basically, you are always pulling the previous loop over the just completed loop placed on the right needle until there is only one completed loop on your right needle. Cut yarn and pull tail through the loop on your right needle pull tight to form a secure ending. Hide all ends.

FACE OPENING TRIM DIAGRAM   [DECREASE ON ENDS OF OPENING ONLY.]

Row 1   Pick up stitches from cast on and stitch holder   [80 sts]

row 2 even   [80 sts]

row 3 [76 sts]

row4 [72 sts

row 5 Coff   [68 sts]

P K   K P

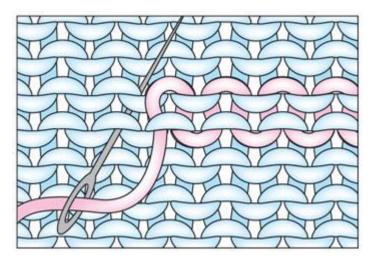K   K
P   P

FACE HOLE

P K   K P

[Note: Basically doing decreases by

- purling two purls together on row 3 each end.
- Knitting two knits together twice on row 4 each end.
- Purl a Knit and Purl together twice on each corner on row 5 each end during Coff.

HIDING ENDS:

Rationale: **you** need to wash and **block** pieces **before you sew** up, and since—see below—a seam is my favorite place to **weave** in an **end**, **you** need to have seamed the garment. Also, if **you weave before** washing and **blocking**, and the fabric relaxes, it can result in a pucker or bunch in the fabric.

Thread a tapestry needle with the yarn tail, and run the yarn tail through the back loops of the stitches, working diagonally along the piece. Weave at least two inches in one direction and then another two inches in the other directions. Gently pull the fabric a bit to even the stitches out, and then cut off the end of the yarn tail.

OR